



**mary's  
meals**

a simple solution  
to world hunger

**Sponsor  
A School**

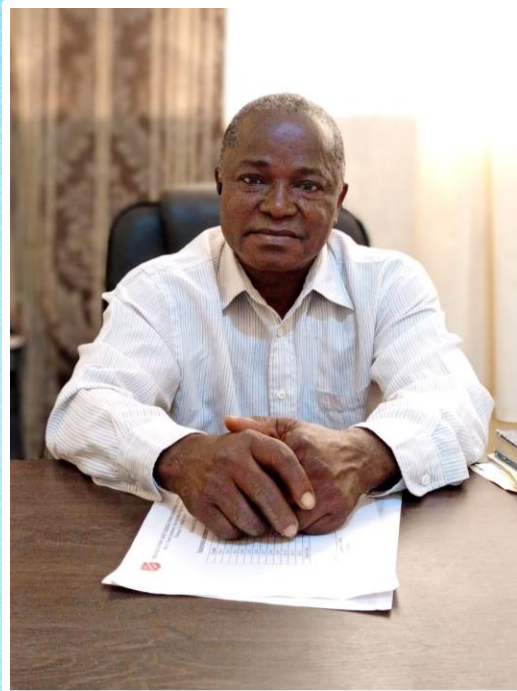
**Paul A. Rader Salvation Army  
School**

**Bong, Liberia**

**454 Pupils – 252 Boys and 202 Girls**

**Sponsored by Croatian catholic  
parish, Frankfurt am Main, Germany,  
Germany**





“Mary’s Meals encourages the students to stay in school. They are happy and healthy after eating and pay attention in class. I want to express my thanks to our donors for supporting the school feeding programme”.

**Arthur, School Principal**



“I am cooking here because I want the children to be encouraged to come to school. I hope that they will be successful in the future”.

**Kebeh ,Volunteer Cook**





“When I’ve not eaten, I can feel bad and don’t have the patience to be in school for the complete duration of class activities, but after eating, I feel relaxed and ready to learn”.

**Joshua, age 21**



“After eating the daily meal, I feel satisfied and uplifted. The best thing about coming to school is being educated so I can become someone dependable in the future”.

**Fatu, age 16**



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Paul A. Rader Salvation Army School





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# FACT FILE

# LIBERIA



We have been providing Mary's Meals in Liberia since **2006**. However, our presence here goes as far back as 1992 when we provided aid, such as health clinics, during the first civil war. Mary's Meals is the sole provider of school feeding in Bong County. We also deliver our programme in Bomi, Grand Cape Mount, Gbarpolu and Montserrado counties. The schools we support are mainly in remote and often inaccessible areas.

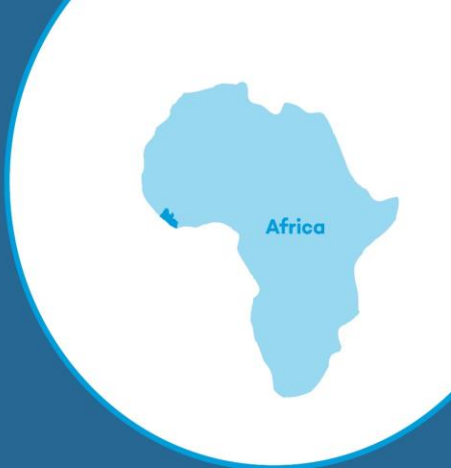
 We are currently feeding **144,208** children in **614** schools.

 Children in the schools are aged between **4** and **18**.

 A typical school meal is **rice and peas** (some schools have successful vegetable gardens where they grow additional food).

Continent	Capital	Population
Africa	Monrovia	5,057,677 (2020) <sup>1</sup>
HDI Rank	Life expectancy	Currency
175 of 189 <sup>2</sup>	62.9 <sup>3</sup>	Liberian Dollar
Main exports	Language(s)	
Rubber (accounts for 65% of all international exports), diamonds and gold (also traded but on a smaller scale) <sup>4</sup>	Liberia has more than 30 native languages, however, Liberian English is the most common to connect people from different regions	

Sources: <sup>1</sup> World Bank/LBR | <sup>2</sup> Human Development Reports | <sup>3</sup> Life Expectancy in Liberia | <sup>4</sup> Trading Economics Liberia Exports



- Delivering food to schools deep in the jungle via off-road routes is particularly challenging during the rainy season (May-October) when monsoons are common.
- We strive to source as much of our food locally as possible. However it is sometimes necessary to order from further afield – as much as five months in advance – to ensure we can keep our promise to feed the hungry children we serve.
- The country remains overshadowed by the 2014/15 Ebola outbreak which forced schools to close, crippled economies and wiped out livelihoods.



**44%** of the population live below the International Poverty Line of **\$1.90 USD** per day.<sup>5</sup>



More than **50%** of all students do not complete a primary school education.<sup>6</sup>

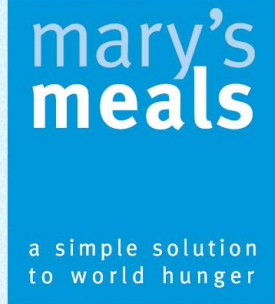


**1.5 million** people in Liberia have insufficient food intake.<sup>7</sup>

Sources: <sup>5</sup> World Bank/LBR | <sup>6</sup> unicef/Liberia | <sup>7</sup> HungerMap LIVE



# Thank you for your support!



[marysmeals.org](https://marysmeals.org)

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