mary's meals

a simple solution to world hunger

Sponsor A School

Manda Primary School

Chipata District, Zambia

Number of children in school 463

(253 boys and 210 girls)

School sponsored by

Croatian Catholic Parish,

Frankfurt am Main, Germany





Manda Primary School, Chipata District, Zambia



Manda Primary School Kitchen, Chipata District, Zambia



“I started cooking last year in November from my village, Chatuluka, where I volunteered together with my friends to help the children prepare their meal. The motivation for me is to see children go to class and be active in what they do and learn to do. I feel nice to see them come to the kitchen to have their porridge around break time some of them will have knocked off but will not go until they eat. We cook according to villages on a weekly basis and there are five villages”.

Volunteer cook - Doreen



Manda Primary School, Chipata District, Zambia



“My name is Dennis. I want to be a doctor because I want to help in treating people. I eat this porridge every day and I enjoy it. It gives me energy and makes me be attentive in class. I am trying my best to stay focused and grow up to be what I want to be when I grow up. If the porridge was not there now, most of us would not be coming every day to school because we don’t carry any food from home.”

Student - Dennis



“I came here last year from Mlanga Primary School where I was also eating the porridge. I eat it even here every day when on break. It gives me strength which I use to learn and listen to the teacher attentively. It is helping me to get my education and I have two siblings who also eat at this school. I say thank you for giving us the porridge. I want to be a teacher when I grow up”.

Student - Margaret



”There are several benefits derived from this School Feeding Program here at our school. It has improved the punctuality of the children when coming to school as they come early. It has helped reduce absenteeism and has helped improve concentration by learners in class. This has resulted in high performance being recorded at the school in general and among pupils in particular. It has improved hygiene through washing of cups and hands. The porridge has helped improve the health condition of the learners and they spend much time in school after knocking off”.

Teacher - Robert Phiri.



Manda Primary School, Chipata District, Zambia

FACT FILE
ZAMBIA



Mary's Meals first began serving nutritious meals to children in Zambia in **2014**. Our school feeding programmes extend across ten districts in the Eastern province of the country: Chadiza, Chasefu, Chipangali, Chipata, Kasenengwa, Katete, Lumezi, Lundazi, Mambwe, and Vubwi. Working in close collaboration with the **Zambian Ministry of Education** and other key stakeholders, we deliver consistent and efficient school feeding through our experienced team, based in Chipata.

We are currently feeding **335,143** children in **668** schools across the country.

We feed children between the ages of **4** and **18**.

The typical school meal we serve is a **maize and soya porridge** which is boosted with vitamins and minerals.

Continent	Capital	Population
Africa	Lusaka	18,383,956[1]
HDI Rank	**Life expectancy**	**Currency**
146 of 189[2]	62[3]	Kwacha
Main exports		**Language(s)**
Copper, cobalt, cotton, tobacco and flowers		Over 70, including Bemba and Nyanja with English being the official language for business and the standard in schools

Sources: [1] Zambia Population 2021 | [2] ZMB.pdf | [3] Life Expectancy in Zambia





- Zambia has a mostly humid, sub-tropical climate with an average rainfall of 34 inches during rainy season (December- March).[4]
- It is mostly high, flat terrain with a few hills and mountains. Zambia is home to several large lakes, 20 national parks and 34 game management areas.
- Less than 5% of the land is suitable for farming crops.





An estimated **14%** of people in Zambia have insufficient food intake.[5]



There is a **45%** drop-out rate in primary schools within Zambia.[6]



57.5% of people in Zambia live below the poverty line of **$1.90** USD per day.[7]

Sources: [4] Country Reports Zambia geography | [5] HungerMap LIVE | [6,7] Human Development Reports

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Thank you

for supporting Mary's Meals.



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